

# Chicken on Chopsticks (Karaage Chicken)

*Difficulty Level: This depends on how difficult it is to talk an adult into getting it for you.*

This delicious dish is a mess to make and uses very hot oil to fry the chicken which can burn you. So instead of a recipe, Bode recommends you ask an adult family member to take you out to a restaurant that makes it or order it for takeout as a special treat!

## **Important Safety Tip with any Karaage:**

Karaage chicken and any other karaage is often fried in peanut oil. If you have a nut allergy, be sure to ask the restaurant what they use to cook the chicken in. If they use peanut oil and you have a nut allergy, skip this dish!

Also, this chicken is breaded and will have gluten. If you have a gluten allergy or sensitivity, you'll need to avoid it.

